

# Yorkshire Badminton Quarterly Newsletter

March 2021 Edition



## Welcome to the second edition of the Yorkshire Badminton newsletter!

The interactive newsletter will be produced quarterly throughout the year and will provide the county association, community badminton networks, clubs, coaches, volunteers and players with current news, opportunities, information and support across Yorkshire.

### **About Me**

My name is Holly Robson and I have been a keen badminton player, coach and volunteer for a number of years now; representing the Durham County senior teams and Elmfield Badminton Club in Newcastle as well as playing an active role on the Durham County Badminton committee.

In May 2018, I joined the Badminton England team as the North East Relationship Manager (covering Durham & Northumberland) then, as a result of the Badminton England staff restructure in November 2020, I am now also the local point of contact for Yorkshire.

I will be working closely with the badminton community across these three counties to further develop badminton and provide more opportunities for people to get involved and grow the sport across the region.



**Holly Robson**  
North East & Yorkshire  
Relationship Manager

**Please see the end of this newsletter for my contact details.**

## Badminton England Volunteer Hub & Survey

### **Volunteer Hub**

The new and interactive Badminton England Volunteer Hub has been designed to equip volunteers with the knowledge, resources and templates to support you in your role, such as:

- 👉 A 'Return to Volunteer' section
- 👉 Support for those managing volunteers, including a Volunteer Toolkit
- 👉 Training resources
- 👉 Editable templates and case studies

### **Volunteer Survey**

To help us provide support for volunteers to return safely to our sport following the COVID-19 pandemic, we would like to hear from volunteers on the ways in which you have been affected by COVID-19, the impact it has had on your voluntary role and how we can support you to return.

The survey should take no longer than 5 minutes to complete and is completely anonymous.

**[CLICK HERE](#) to complete the Volunteer Survey!**

To access the Volunteer Hub, please [CLICK HERE](#) if you are an existing Hive user or, if you are a new user, please [CLICK HERE](#) to register

**Badminton  
England  
Volunteer  
Toolkit**



# Badminton England Return to Play Roadmap

The Badminton England Return to Play Roadmap provides an outline on how badminton can return based on the current Government guidance.

## Overview:

- 🏸 **From 8<sup>th</sup> March** – curricular and extra-curricular delivery of badminton within schools is permitted
- 🏸 **From 29<sup>th</sup> March** – outdoor badminton is allowed (rule of 6 or two households if it is self-organised or maximum group size of 15 if it is organised by a club or coach)
- 🏸 **From 12<sup>th</sup> April** – indoor badminton can resume: junior clubs & junior coaching sessions (for those aged 18 & under) can resume and adults are only able to play with others from within their household, 1-to-1 coaching for juniors is permitted & guidance on 1-to-1 coaching for adults will be confirmed soon
- 🏸 **From 17<sup>th</sup> May** – organised adult clubs and sessions can restart with the rule of 6 (players will need to be grouped into bubbles) or two households can play together
- 🏸 **From 21<sup>st</sup> June** – all play is permitted with no restrictions and no limits on group size

[CLICK HERE](#)

to download the Return to Play Roadmap

Badminton England Guidance for Outdoor Badminton was released on 26<sup>th</sup> March

[CLICK HERE](#) to download the Outdoor Badminton guidance

Guidance for the return of indoor badminton will be released soon!



## Time to Listen Course for Club Welfare Officers

The CPSU Time to Listen online course is designed to give Club Welfare Officers confidence and support in their role. The course is badminton-specific and provides an opportunity to share good practice and get answers to key questions.

### CPSU Time to Listen Virtual Workshop

Improve your knowledge as a Club Welfare Officer with a virtual Time to Listen workshop. Designed to give Welfare Officers confidence and support, this course is badminton-specific, and is an opportunity to share good practice and get answers to key questions.

27th April 2021 - 18:30-20:00

AND

4th May 2021 - 18:30-20:45

Cost: **£30.00**

Learners must be 16 years or older, have completed SPC1 in advance, and will receive a Time to Listen Workbook resource.

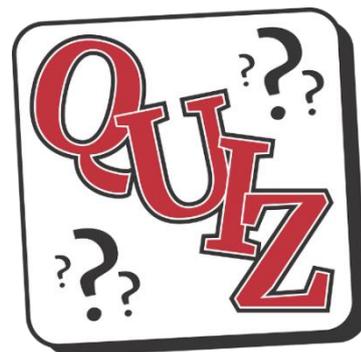
For enquiries and bookings, please contact 01202 470715 or [wessexcoacheducation@gmail.com](mailto:wessexcoacheducation@gmail.com)



# Badminton Quiz

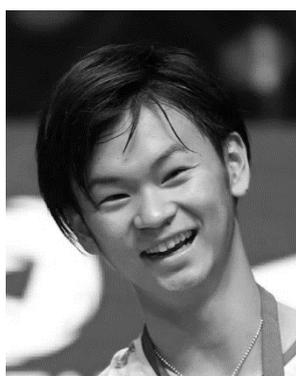
Test your badminton knowledge with a fun 15 question quiz and picture round!

Answers revealed at the bottom of the page



1. How many feathers are there on a shuttlecock?
2. The game of badminton took its name from Badminton House, home of the Duke of Beaufort, but in which English county is it located?
3. How many times did Lin Dan win the Men's Singles title at the YONEX All England Open Championships?
4. The head office of the Badminton World Federation (BWF) is located in which country?
5. In which decade of the 20<sup>th</sup> century were the Badminton World Championships first held?
6. In an Olympic badminton match, what is the highest number of points you can win but still lose the match overall?
7. Badminton used to be known as 'battledore', true or false?
8. What is the current record for the fastest badminton smash speed, 198 mph, 226 mph or 264 mph?
9. Which English player was voted Badminton World Federation Male Para-Badminton Player of the Year in 2018?
10. In which year did badminton become an official Olympic sport?
11. Is the Uber Cup the Badminton World Team Championships for men, women or a mixed team event?
12. How many medals in total (gold, silver & bronze) did England win in Badminton at the 2018 Commonwealth Games?
13. What is the title of the novel by John le Carré, published in 2019, which features an MI6 agent called Nat who plays badminton?
14. Is the full width of a badminton court 6.1 metres, 7.1 metres or 8.1 metres?
15. Which player won the gold medal in the Badminton Women's Singles event at the 2016 Olympic Games?

Name the badminton player and the country they represent:



**Pictures from left to right:** Gabby Adcock (England), Yuta Watanabe (Japan), Kim Astrup (Denmark), Delphine Delrue (France), Chloe Magee (Ireland)

- |                    |                  |                                |
|--------------------|------------------|--------------------------------|
| 1. 16              | 6. 88            | 11. Women                      |
| 2. Gloucestershire | 7. True          | 12. 6                          |
| 3. 6               | 8. 264 mph       | 13. Agent Running in the Field |
| 4. Malaysia        | 9. Jack Shephard | 14. 6.1 metres                 |
| 5. 1970s           | 10. 1992         | 15. Carolina Marin             |

# Local Person

## Nicola Read

Nicola started playing badminton in Hull as a young child as both of her parents played. She eventually joined their club, along with her sister, and started to play in the Hull League. Nicola now plays league badminton in Leeds and has been on the Leeds & District Badminton League Committee for many years. She has also played in the Yorkshire League along with various other local leagues over the years including York, Castleford, Bradford and Wakefield.

In 2009, she started umpiring and is now a European Accredited Umpire. She has umpired for five years at the YONEX All England Open Championships and is also the Regional Secretary for the North for the Badminton Umpires Association of England, a post she has held for over five years.

Five years ago, Nicola took on the role of Yorkshire Badminton Association Secretary where she helps to organise and run the YBA Summer School with Gordon Milne and the YBA junior training sessions in Pontefract by doing the required admin for them and collecting payments.

Nicola has taken on these roles to give something back to the sport that she has gained so much from and loved over many years.



# UK Coaching: Coaching Through COVID

**UK Coaching have created a new 'Coaching Through COVID' Resource Hub to provide information, advice and resources to help coaches navigate the 'new normal' and return to coaching.**

The resource provides practical resources and learning opportunities on a range of important topics, including:

- Promoting Good Mental Health Through Coaching
- Resources on Self-care & Development
- Nutrition and Hydration for Physical Activity
- Coaching Women Through Pregnancy
- Reducing Physical Inactivity in Adults
- Male and Female Youth Physical Development Model
- Building Successful Coach-Athlete Relationships
- Coaching Yourself



[CLICK HERE](#)  
to access the Coaching Through COVID Resource Hub

# Badminton England TV & Online Shop

**Badminton England launched BETV this month to provide live action from all five courts at the YONEX All England Open Championships.**

In addition to all of the 2021 YONEX All England matches, BETV also contains all semi-finals and finals from the 2020 Championships as well as Badminton Gold matches from past Championships, the exclusive 2020 YONEX All England Documentary and there are plans to expand BETV to show matches from the England squad as they compete all over the world!

All current Badminton England members can get free access to BETV or you can purchase a BETV subscription for £29.99 a year.



[CLICK HERE](#)

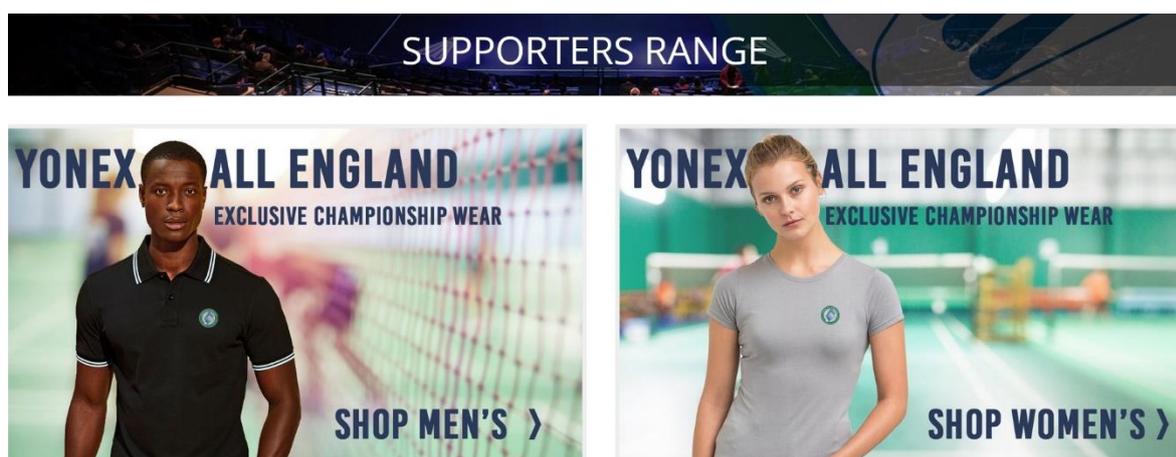
to subscribe or sign in to BETV

[CLICK HERE](#) to access our step-by-step guide for BETV

[CLICK HERE](#)

to browse the online shop

Alongside BETV, Badminton England have also launched their new online shop, providing a supporters' range of YONEX All England clothing and products. The shop will soon be expanded to also offer Badminton England leisure wear.



# Arnold Clark Community Fund

The Arnold Clark Community Fund is currently open to all UK registered charities and local community groups who need financial assistance due to the coronavirus pandemic.

Sports clubs are eligible to apply for the funding and can submit an application for up to £1,000.

At the end of each month, 500 applications will be granted but, if your application is unsuccessful one month, you will be kept in the draw, which will roll over to the following month.



[CLICK HERE](#)

for full information and to apply for the fund!



# 2020-21 Club Volunteer Webinar Series

Badminton England developed a new 2020-2021 Club Volunteer Webinar series which provides monthly training opportunities throughout the year for club volunteers to develop their skills and knowledge.

The free webinars cater for volunteers of all experience levels and are relevant to all types of volunteer roles within your club.

Four webinars have already been delivered and the final one of the series is running in April, delivered by Sport Structures.



Webinar Name	Date	Time	Deliverer	Booking Link
Leadership Teams	Tuesday 20 <sup>th</sup> April 2021	7pm – 9pm	Sport Structures	<a href="#">CLICK HERE</a> to book a place

[CLICK HERE](#) for full information on the Club Volunteer Webinar Series

# Inclusive Activity Programme eLearning Module

UK Coaching and Activity Alliance have developed a new online training module for coaches and activators to learn about the basic principles of inclusion and understand the benefits of delivering activities that can be enjoyed by all.

By the end of this online course you will be able to:

- Explain why physical activity is beneficial to everyone
- Understand some of the barriers that can stop disabled people and people with long-term health conditions from taking part in activities
- Learn about how to make activities more appealing and accessible to disabled people and people with long-term health conditions
- Be familiar with the tools and approaches that can support you to deliver inclusive sessions
- Explore where you can find out more information and guidance about inclusive activities

The eLearning Module is FREE to complete, you will receive a downloadable certificate upon completion and access to an extensive bank of resources that you can start using straight away.



[CLICK HERE](#)  
for full information or to access  
the Inclusive Activity Programme  
eLearning module

# 2021 European Mixed Team Championships

The European Mixed Team Championships took place in Finland from Tuesday 16<sup>th</sup> February to Saturday 20<sup>th</sup> February 2021.

Teams from eight nations (Denmark, England, Finland, France, Germany, The Netherlands, Russia & Scotland) competed with Denmark being crowned European Champions.

17 players represented England in the competition with the results as follows:

- 5-0 loss against Russia
- 4-1 loss against The Netherlands
- 4-1 loss against France



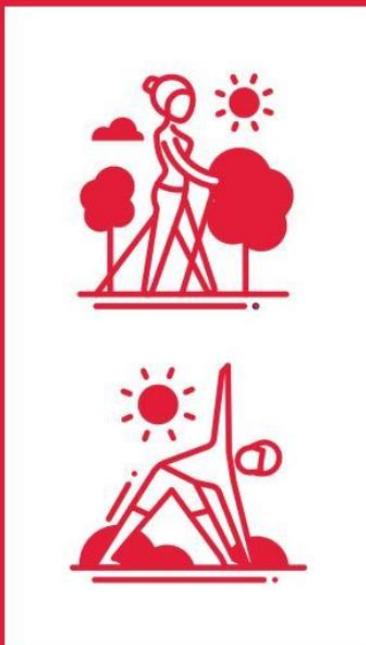
[CLICK HERE](#)

to visit Badminton Europe TV where you can watch all matches from the Championships!

## Looking After Your Mental Health & Wellbeing



### IDEAS FOR LOOKING AFTER YOUR MENTAL HEALTH & WELLBEING



For more ideas and support on looking after your mental health and wellbeing why not check out Mind's [Five Ways to Wellbeing](#).

	<p><b>STAY CONNECTED</b></p> <p>Keep in touch with teammates, coaches and other players regularly</p>
	<p><b>BE ACTIVE</b></p> <p>Whilst we can't get on court explore other ways to keep active including checking the activities you can do at home through the <a href="#">Badminton England website</a></p>
	<p><b>TAKE NOTICE</b></p> <p>Take time to enjoy the moment and the environment around you</p>
	<p><b>SMALL CHANGES</b></p> <p>Small changes make a big difference – a walk, a talk or a connection are all small things that can help and don't need a big change to your normal routine</p>
	<p><b>GIVE</b></p> <p>Look for ways to help or support others – helping others provides us with great positive emotions</p>
	<p><b>LEARN</b></p> <p>Take the opportunity to improve your skills or even learn a new one – the virtual coach sessions are a great place to start</p>
	<p><b>MANAGE EXPECTATIONS</b></p> <p>Don't put undue pressure or expectations on yourself – this is not a normal situation and you are doing great!</p>

# YONEX All England Open Championships 2021

The YONEX All England Open Championships took place from Wednesday 17<sup>th</sup> March – Sunday 21<sup>st</sup> March 2021 at Arena Birmingham.

**Men's Singles Champion:** Lee Zii Jia (Malaysia)

**Men's Singles Runner Up:** Viktor Axelsen (Denmark)

**Ladies' Singles Champion:** Nozomi Okuhara (Japan)

**Ladies' Singles Runner Up:** Pornpawee Chochuwong (Thailand)

**Men's Doubles Champions:** Hiroyuki Endo & Yuta Watanabe (Japan)

**Men's Doubles Runners Up:** Takeshi Kamura & Keigo Sonoda (Japan)

**Ladies' Doubles Champions:** Yuki Fukushima & Sayaka Hirota (Japan)

**Ladies' Doubles Runners Up:** Mayu Matsumoto & Wakana Nagahara (Japan)

**Mixed Doubles Champions:** Yuta Watanabe & Arisa Higashino (Japan)

**Mixed Doubles Runners Up:** Yuki Kaneko & Misaki Matsutomo (Japan)



[CLICK HERE](#)

to view all match results  
from the 2021 YONEX  
All England Open  
Championships!



How closely were you watching the YONEX All England this year?  
Test your knowledge with a fun 10 question quiz!

Answers revealed below the questions

1. Which round did Lauren Smith and Marcus Ellis reach in the Mixed Doubles?
2. Which player was seeded no.1 in the Men's Singles?
3. Who was the only Belgian player in the Women's Singles draw?
4. Ronan Labar and Anne Tran competed in the Mixed Doubles, but which country do they represent?
5. How many players from Egypt competed in the Championships?
6. Ben Lane and Sean Vandy lost in the first round of the Men's Doubles to the no.2 seeds from Indonesia, but what was the score in the 3<sup>rd</sup> end of the match?
7. How many English pairs competed in the Women's Doubles?
8. How are Ireland's Mixed Doubles pair Sam Magee and Chloe Magee related?
9. Who did Viktor Axelsen defeat in the semi-final of the Men's Singles?
10. What are the names of the Bulgarian sisters who competed in the Women's Doubles?



1. Semi-final
2. Kento Momota
3. Lianne Tan
4. France
5. 3
6. 21-19
7. 3
8. Brother and sister
9. Anders Antonsen
10. Gabriela & Stefani Stoeva

If you would like more information or guidance on anything included in this newsletter or would like to see something featured in the next newsletter edition (June 2021), please get in touch.

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